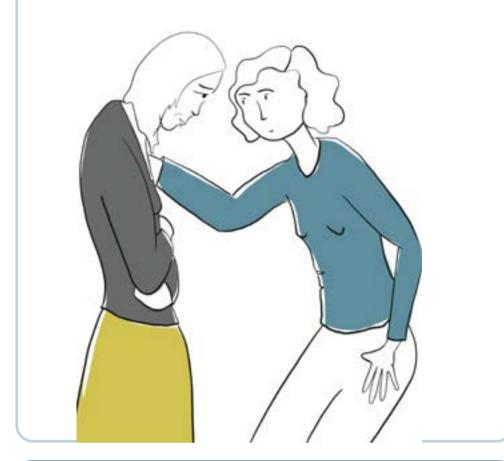
Deteriorating health

If you notice signs that are unusual for a person take action

Observe the person for signs of deteriorating health



Minor illness or change in health can quickly become life threatening for a person with disability

This is especially important for people with swallowing issues

Identify when urgent medical attention is required

Seek advice and support if you are unsure

What should I look for?

- coughing
- vomiting
- shivering or sweating
- attempts at self-injury

Changes in a person's

- eating or drinking
- skin changes (rash, swelling or blisters)
- skin or lip colour (blue/grey)
- behaviour
- toilet habits
- sleeping pattern
- mobility
- facial expressions
- body movements
- mood (tiredness or aggression)

Don't delay! Reach out for help

In a medical emergency call 000

If it is not a medical emergency call

- their GP
- NURSE-ON-CALL 1300 60 60 24

Other important numbers	

These resources were developed in collaboration between the Disability Services Commissioner and the Department of Families, Fairness and Housing. This information is based on guidance contained in the Residential Services Practice Manual https://providers.dffh.vic.gov.au/residential-services-practice-manual To receive this document in another format please email contact@odsc.vic.gov.au. Authorised and published by the Disability Services Commissioner, 570 Bourke Street, Melbourne. © Disability Services Commissioner, November 2021. Printed by Hornet Press, Knoxfield (2111134).

